



# festival of Light...

A shamanic celebration of nature & you!

In the heart of Dundas Valley Conservation Area, next to the Bruce Trail and Sherman Falls in Ancaster, come join us for a day of energy medicine, spirit, music, dancing and fun.

## Saturday June 30th

- @2:30pm Drumming and Registration (bring your own drum, rattle etc.)
- @ 3:00pm Intro to Energy Medicine and You
- @ 3:45pm Intro to Sandpainting (Your Nature Work)
- @ 4:45pm Working with Shamanic Archetypes
- @ 5:45pm *Break* - celebrating in nature with drumming, music and dancing
- @ 6:15pm Who Is Your Power Animal?
- @7:00pm Gathering in a communal pot luck dinner (bring a dish)
- @9:00pm Closing FIRE Ceremony (solstice gathering around a fire)

Cost: Early Bird is \$45.00 before June 15th  
\$55.00 after June 15th and at the door

**Location:** On nearly 4 acres of sacred land at #620 Lions Club Road, Ancaster  
[www.carocloutier.com](http://www.carocloutier.com) for map and directions.

**Facilitators:**

- \*Barbara Smith, B.F.A., M.F.A., G.I.T., is a registered and practicing Gestalt Therapist with post graduate training in many fields including Dr. Alberto Villoldo's 4 Winds Shamanic School.
- \*Caro Cloutier B.A., dipl.EXAT, is a practicing expressive art therapist and art educator. She holds varied multidisciplinary trainings including Dr. Alberto Villoldo's 4 Winds Shamanic School.

**RSVP:** [caro@carocloutier.com](mailto:caro@carocloutier.com) or [bsmith@hwcen.org](mailto:bsmith@hwcen.org)  
or (905) 304-4733